Barwell Road Community Center

Zumba Fitness





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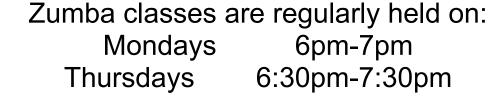
Free Zumba Night

This aerobic fitness class uses rhythms from Latin music. No previous dance experience is necessary. Wear comfortable clothing and you may bring small weights. Class taught by certified Zumba Instructor, Portia Walton.

> This is a great class for all fitness levels!

> > Ages 13 and up

Thursday, January 17th 6:30pm-7:30pm



17 and under \$3 per night \$18 and older \$5 per night

*Pre-registration is not required, but please come early to sign in.

